## CHOOSING A CONFIRMATION SPONSOR

The church recognizes a sponsor as a person who is willing to actively engage in the confirmation process with the candidate, who has a comfortable relationship with the candidate, and who has a long term interest in helping the candidate fulfill his/her baptismal promises.

Since our program calls for active participation, the Confirmation sponsor is also ideally someone who can spend time with the candidate during this period of preparation, and after the reception of the sacrament.

Please use these guidelines when choosing a Confirmation sponsor:

- ❖ The sponsor must be <u>Catholic</u>, 16 years or older, and have received the sacraments of initiation: Baptism, Eucharist, and Confirmation.
- **❖** The sponsor <u>cannot be the candidate's parent</u>.
- ❖ The sponsor must be available for active involvement in the process; location and commitment is a factor.
- The sponsor must be a good model for living the life of a faithful Catholic who is continually nourishing his/her own faith through active participation.
- Consider their Godparent. The sponsor has similar responsibilities to the continued faith development of the candidate as in Baptism.
- The sponsor and/or the parent must be able to attend "The Celebration of the Spirit," a candidate/sponsor event, prior to the Sacrament of Confirmation.
- ❖ The sponsor must present the candidate to the Bishop at **Confirmation Ceremony.**

## Some Suggestions for Sponsors

- ♦ Attend Sunday Mass together.
- ◆ Participate with the candidate during service involvement.
- ◆ Participate in the sacrament of Reconciliation together.
- ♦ Share with the candidate about your own Confirmation and the importance of faith in your life. Find out what faith means in the candidate's life now, and where faith will figure in the candidate's future.